

## Ready to do your part?

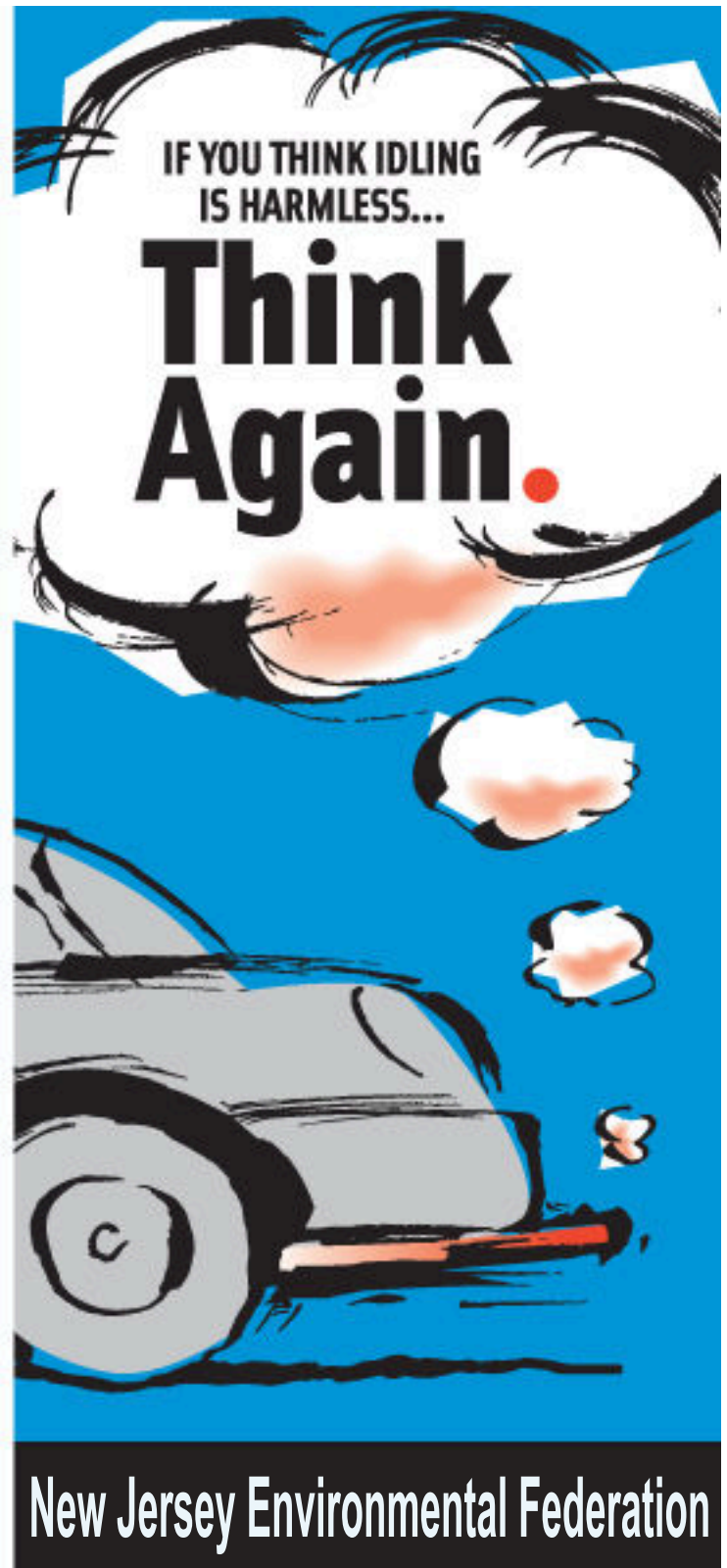
Here's a simple, five-step process to change your idling habits:

- Step 1:** Reduce warm-up idling. Start driving after no more than 30 seconds of idling, assuming your vehicle's windows are clear.
- Step 2:** If you are going to be stopped for more than 10 seconds, except in traffic, turn off your engine. Idling your vehicle for longer than 10 seconds uses more fuel than it would take to restart the vehicle.
- Step 3:** Avoid using a remote car starter. These devices encourage you to start your vehicle before you are ready to leave, which means wasteful idling.
- Step 4:** In temperatures below 0°C, use a block heater to warm the engine before you start your vehicle. This will improve fuel efficiency and reduce exhaust emissions.
- Step 5:** Talk to your family, friends and neighbours about the benefits of reduced idling. Encourage them to join you in saving money, protecting the environment and contributing to a healthier community.

## For More Information

Visit NJ Environmental Federation's  
"Idle Free New Jersey" website at:

[www.cleanwateraction.org/njef/campaigns-noidling.html](http://www.cleanwateraction.org/njef/campaigns-noidling.html)  
or call 732-280-8988



New Jersey Environmental Federation